



BROOKHURST
INTERNATIONAL SCHOOLS

Dedicated to Excellence

Play
Learn
Grow



Early Years Prospectus

2025-2029





BIS Early Years Foundation Stage Prospectus

Welcome to the Early Years at Brookhurst

Brookhurst International Schools is a coeducational, progressive, multicultural, value based day and boarding school based in Kenya. We currently offer our students the highest standard of British curriculum education between **Early Years Foundation Stage (EYFS)** to A level. We are notable among the international schools in Kenya due to our dedication to providing a wholesome education.

At Brookhurst International Schools, we believe that the earliest years of a child's education lay the foundation for lifelong learning, character development, and social growth. Our **Early Years Foundation Stage (EYFS)** programme provides a safe, nurturing, and stimulating environment where curiosity is encouraged, creativity is celebrated, and each child's individuality is valued.

The key of our curriculum is ensuring our students achieve all developmental milestones effectively. Brookhurst Early Years accommodates children from age 3 to 6 years old. The 3 class categories at Brookhurst are divided along age groups as follows:



Brookhurst International Schools has ensured to staff its most experienced and highly educated staff members in its EYFS and Preparatory school sections in order to ensure the foundation of our students' education is strong and well developed.

The Brookhurst staff ensures our students are nurtured to grow and thrive academically, socially, physically and spiritually. We educate the whole child — mind, body, and spirit. Beyond academics, we place a strong emphasis on social skills, emotional intelligence, physical development, and moral grounding. Our co-curricular activities, including music, art, sports, and drama, support well-rounded growth.

Our Vision:

To attain the highest standards of education and extracurricular programs, equipping our graduates with the skills and abilities necessary to positively transform the world for the benefit of humanity and the environment.

Our Mission:

To promote the highest standards of education and extracurricular programs that empower our students to realize their full potential in a friendly and supportive environment.

Our Philosophy

- Every child is unique and learns in different ways.
- Play is central to exploration, discovery, and understanding.
- Strong relationships between teachers, parents, and children build a supportive community.
- Early years learning should be joyful, balanced, and purposeful.



Why Parents Choose Early Years at Brookhurst International Schools

Here's why Brookhurst is the right choice for your child's early education journey:

1. A Nurturing, Family-Like Environment

We recognize that the early years are a sensitive and formative time in a child's life. That's why we've created a warm, inclusive atmosphere where children feel at home. Our teachers become trusted guides, providing emotional support while encouraging independence, curiosity, and resilience.

2. British Curriculum with a Global Touch

Our Early Years program follows the British National Curriculum, enriched with global perspectives and tailored to each child's developmental stage. Through structured play, creative expression, and hands-on exploration, we build key skills in literacy, numeracy, communication, and problem-solving — all while fostering a love for learning.

3. Individualized Attention and Small Class Sizes

At Brookhurst, every child matters. Our low teacher-to-student ratios allow for personalized learning experiences that meet each child at their point of need. Whether your child is a fast learner or requires extra support, they will receive the attention and care they deserve.

4. Holistic Development

We educate the whole child — mind, body, and spirit. Beyond academics, we place a strong emphasis on social skills, emotional intelligence, physical development, and moral grounding. Our co-curricular activities, including music, art, sports, and drama, support well-rounded growth.

5. Safe, Stimulating Learning Spaces

Our Early Years classrooms are purposefully designed to spark imagination and discovery. Outdoor play areas, sensory corners, and learning centers give children the freedom to move, explore, and engage with the world around them in age-appropriate ways.

6. Supportive Partnership with Parents

We work hand-in-hand with families, understanding that parents are a child's first and most important teachers. Through regular communication, parent workshops, and open-door policies, we ensure you are an active part of your child's educational journey.

7. Strong Values and Character Education

Guided by our school's core values of respect, responsibility, kindness, and integrity, we help children build a strong moral compass. At Brookhurst, character development is as important as cognitive growth.

Choosing Brookhurst International Schools for your child's Early Years education means investing in a future of confidence, competence, and compassion. We don't just prepare children for school — we prepare them for life.

We are Brookhurst. We are Family.

Teaching and Learning Approach

- **Play-based learning** that inspires curiosity.
- **Small class sizes** for individual attention.
- **Specialist teachers** in areas such as music, art, and physical education.
- **Blended learning resources** including Montessori tools, sensory activities, and age-appropriate technology.



Early Years Curriculum at Brookhurst

At Brookhurst, the **Early Years Foundation Stage (EYFS) curriculum** is carefully structured to provide children with opportunities to explore, discover, and develop through play, guided learning, and real-life experiences. It is holistic, balancing academic readiness with personal growth and social-emotional development.

We follow the **British Early Years Foundation Stage (EYFS) Framework**, enriched by Brookhurst's international outlook. The programme is designed to support children aged 2 – 6 years and is structured around the seven areas of learning and development:

Prime Areas of Learning

These areas are considered fundamental, as they lay the groundwork for all other learning.

1. Communication & Language (C&L)

- Building vocabulary through songs, rhymes, and storytelling.
- Encouraging active listening and clear expression.
- Developing early comprehension and conversation skills in English, while respecting the child's home language.
- Role play and drama to promote confidence in communication.

2. Physical Development (PD)

- Gross motor skills: climbing, running, jumping, balancing.
- Fine motor skills: drawing, cutting, threading, early handwriting.
- Emphasis on healthy lifestyles: nutrition, hygiene, and movement.
- Outdoor play to promote stamina, coordination, and confidence.

3. Personal, Social & Emotional Development (PSED)

- Building self-confidence and resilience.
- Developing empathy, cooperation, and respect for others.
- Encouraging independence (e.g., dressing, tidying up, decision-making).
- Supporting positive behavior and emotional regulation.

Specific Areas of Learning

Once the prime areas are well established, children are guided into more subject-specific learning.

4. Literacy

- Introduction to phonics for sound recognition and blending.
- Recognition and formation of letters.
- Listening to and retelling stories to spark imagination.
- Exposure to a wide range of age-appropriate books.
- Early writing through mark-making, labeling, and simple sentences.

5. Mathematics

- Counting, number recognition, and one-to-one correspondence.
- Shapes, space, and measurement.
- Simple addition, subtraction, and problem-solving through play.
- Practical application (e.g., sharing toys, cooking activities, building blocks).

6. Understanding the World (UTW)

- Exploring nature and the environment.
- Early science activities (planting seeds, exploring water, magnets, weather).
- Technology: using age-appropriate tools and devices safely.
- Learning about different cultures, traditions, and communities.
- Building awareness of the wider world.

7. Expressive Arts & Design (EAD)

- Music, singing, and rhythm activities.
- Visual arts: painting, drawing, modelling with clay and recyclable materials.
- Drama, role-play, and storytelling.
- Imaginative play to express ideas and emotions.
- Encouraging experimentation and creativity.

Cross-Curricular Enrichment

- **STEM Foundations:** Early problem-solving, construction, and discovery.
- **Language Development:** Exposure to additional languages (where appropriate).
- **Character Education:** Teaching kindness, honesty, responsibility, and teamwork.
- **Global Awareness:** Celebrating cultural festivals and international days.

Learning through Play

Play is at the center of the EYFS approach. Children at Brookhurst learn through:

- **Structured play** (guided by teachers with clear objectives).
- **Free play** (child-led exploration and creativity).
- **Outdoor learning** (nature walks, gardening, sensory exploration).
- **Group projects** (collaborative problem-solving and teamwork).

Extra-Curricular Activities

At Brookhurst International Schools, learning in the Early Years goes beyond the classroom. Our **extra-curricular activities** are carefully designed to complement the EYFS curriculum by nurturing creativity, building confidence, and encouraging holistic development.

Children in the EYFS enjoy age-appropriate activities that include:

- **Ballet, Music and Movement** – developing rhythm, coordination, and self-expression through song and dance.
- **Mini Sports** – fun games and simple exercises that build teamwork, balance, and motor skills.
- **Art and Craft Clubs** – hands-on creative sessions that encourage imagination and fine motor development.
- **Storytelling and Drama** – sparking a love for literature while enhancing communication and self-confidence.
- **Nature and Gardening Club** – helping children explore the environment, plant seeds, and care for living things.
- **Cultural Days and Celebrations** – broadening horizons through festivals and traditions from around the world.

Discipline and Positive Behavior

At Brookhurst International Schools, discipline in the Early Years is rooted in **care, respect, and guidance rather than punishment**. We believe that young children learn best when they feel safe, valued, and understood.

Our approach to discipline focuses on:

- **Positive reinforcement** – celebrating good behavior, effort, and kindness.
- **Clear boundaries** – helping children understand routines, rules, and expectations in a consistent and age-appropriate way.
- **Restorative guidance** – encouraging children to reflect on their actions, make amends, and learn from mistakes.
- **Emotional regulation** – supporting children in identifying and managing their feelings, and expressing themselves in healthy ways.
- **Partnership with parents** – maintaining open communication to ensure consistent support between school and home.

Through this nurturing approach, children develop self-discipline, empathy, and respect for others. By the time they leave the EYFS stage, they are not only academically prepared for the next stage of their education but also socially and emotionally equipped to thrive as responsible and caring members of the Brookhurst community.

Pastoral Care

Our teachers are not only educators but also caregivers who prioritize the emotional wellbeing of each child. Every child is encouraged to feel safe, happy, and confident.

Facilities

Brookhurst's EYFS classrooms and outdoor spaces are purpose-built for exploration and growth:

- Bright, spacious and child-friendly classrooms.
- Safe outdoor play areas with age-appropriate equipment.
- Indoor creative spaces for art, music, and role play.
- Quiet areas for reading and reflection.

Beyond the Classroom

- **Outdoor learning** through nature walks, gardening, and environmental activities.
- **Cultural celebrations** that introduce children to diversity and global citizenship.
- **Family engagement** through parent workshops, open days, and regular progress updates.

Entry and Admissions

- Open to children aged **2 – 6 years**.
- Rolling admissions based on available spaces.
- A warm and welcoming induction programme to support both children and parents.

At Brookhurst International Schools, our Early Years Foundation Stage is more than just preparation for school – it is the beginning of a lifelong love for learning. By the end of EYFS, Brookhurst children are confident, curious, and ready to transition seamlessly into **Key Stage 1** of the British National Curriculum.

Join the Brookhurst Family

At Brookhurst International Kindergarten, your child will experience the joy of learning, the warmth of caring teachers, and the excitement of discovery every single day.

We welcome you to visit our campuses in Kiserian and Lavington and experience how we nurture young minds to become tomorrow's confident and compassionate leaders.







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